

COD AND BARLEY

Mix thoroughly after each ingredient:

- 7 oz (after cooking) Baked cod, finely flaked
- 2¾ cups Cooked pearled barley
- 1 level scoop (lightly packed) Hearthstone Homemade Nutrient Formula-A*
- ½ tsp Hearthstone Homemade Nutrient Formula-B*
- 6 tsp Corn Canola Oil blend (or half corn and half canola)

**Brand substitution or omission may result in a nutritionally imbalanced recipe.*

*** For consistency, all oil measurements are in teaspoons, but remember there are 3 teaspoons per tablespoon, so whenever possible convert to tablespoons for the most accurate measuring, especially when doubling or tripling recipe.*

Store in air tight containers and refrigerate for use within 3 days, or freeze in well sealed containers and use within 2 weeks.

NUTRITION FACTS: (see Feeding Chart for quantity to feed)

Makes 23oz; Calories(approx)1000(43 kcal/oz); Protein-23% ME; Fat-29% ME; Carbohydrate-48% ME; Fiber-7.6% DM

NUTRIENTS	Amount/ 1000 kcal	% of NRC/ 1000 kcal	% of AAFCO/ 1000 kcal
A (IU)	2,093	166%	146%
C (IU)	106	**	**
D (IU)	200	147%	140%
E (IU)	69	920%	493%
K (mg)	0.515	126%	**
Thiamine B1(mg)	1.2	214%	414%
Riboflavin B2(mg)	2.4	185%	381%
Pantothenic Acid B5(mg)	6.1	163%	210%
Niacin B3 (mg)	19.9	468%	603%
Pyroxidine B6 (mg)	2	533%	690%
Folic acid B9 (mg)	0.185	272%	370%
Cobalamin B12 (mg)	0.017	189%	283%
Choline (mg)	483	114%	**
Calcium (mg)	2265	227%	133%
Iron (mg)	31	413%	135%
Magnesium (mg)	381	254%	346%
Phosphorus (mg)	1970	263%	141%
Potassium (mg)	3115	312%	183%
Sodium (mg)	492	246%	289%
Chloride (mg)	425	142%	163%
Zinc (mg)	40	267%	118%
Copper (mg)	3.5	233%	167%
Manganese (mg)	3.1	258%	221%
Selenium (mg)	0.279	319%	930%
Iodine (mg)	0.45	205%	105%
Protein (gm)	54.7	219%	107%
Fat (gm)	32.7	237%	234%
Linoleic Acid (gm)	6.2	221%	214%
Alpha Linolenic Acid (gm)	1.5	1364%	**
EPA & DHA (gm)	0.55	500%	**
Tryptophan (gm)	1.1	314%	239%
Threonine (gm)	2.3	213%	168%
Isoleucine (gm)	2.4	253%	226%
Leucine (gm)	4.3	253%	254%
Lysine (gm)	4.5	511%	250%
Methionine (gm)	2	241%	**
Methionine & Cystine (gm)	2.7	166%	220%
Phenylalanine (gm)	2.3	204%	**
Phenylalanine & Tyrosine (gm)	4.1	222%	196%
Valine (gm)	2.8	228%	252%
Arginine (gm)	3.1	352%	212%
Histadine (gm)	1.5	313%	294%

**No established requirements

Thank you for taking a look at this sample recipe. It was carefully crafted to guarantee a healthy and tasty diet for your dog.

- The amount of **lean protein** provides maximum amounts of amino acids to grow and maintain muscle health
- **Corn/canola or soybean oils** are uniquely the richest sources of essential fats and eliminate the need for excess fat calories necessary with other oils
- The **Nutrient A** powder balances the recipe with all of the necessary vitamins and minerals
- **Nutrient B** adds the antioxidants and omega-3 fats that provide for strong immunity and protection against inflammation
- **Our recipes** require only 3 main ingredients, so they are easy to shop for and easy to prepare

The recipe data and nutrition fact table provides you and your veterinarian a completely transparent evaluation of the recipe when prepared as directed. *No other homemade source or commercial dog food provides similar, easy-to-read information.* Every ingredient needs to be added in the specified amounts. Any substitution or altering of quantities (ratios) could result in an unbalanced diet that could harm your dog.

The recipe is intended only for adult dogs. The feeding directions are for the normal dog. If you are feeding a performance dog that works multiple hours per day, it will need larger meals. Please contact us at hearthstonedogs@gmail.com if you need assistance with feeding instructions for active dogs.

We are confident that you will find Hearthstone Homemade superior to your dog's present diet. You and your dog will enjoy the healthy difference.

Eat Well and Thrive,

Dr. Ken Tudor